



Shine



Supporting people affected by mental ill health

Mental Health Recovery Support Worker (Kerry)

Job title:	Mental Health Recovery Support Worker
Reporting to:	Regional Mental Health Team Leader
Salary:	€33,630 per annum
Contract type:	Full time, 35 hours per week, fixed term 1-year contract
Location:	This position would cover county Kerry with an office base in Tralee (The team member would be the sole person responsible for the Kerry region but will be part of a wider team that covers Cork, Kerry, Limerick, Clare and Tipperary North).

Purpose of role:

- To promote and deliver the aims and objectives of Shine in accordance with strategic and operational plans.
- To foster the Shine ethos and values.
- Implement and practice the Shine Recovery and Engagement Model to empower people to manage their mental health recovery effectively.
- The Mental Health Recovery Support Worker will work in the community with people who experience ongoing mental health difficulties and with people who are family/supporters.

Duties and responsibilities:

Key working with people who experience ongoing mental health difficulties and with people who are family/supporters.

- Assist people who use our services in developing and/or implementing a recovery plan that identifies areas of support and goal development, ensuring goals are attainable and time specific, and that the individual plays an integral role in the decision-making process.
- Build trusting and non-judgemental relationships with users of the service.
- Using a person-centred approach to key working
- Support people on their journey of recovery using a range of approaches, including family recovery support.
- Record progress and impact and outcomes of the service.
- Signpost, outreach and advocate in partnership with service users in their community.
- Assist people who use our services to develop social support networks in their community.
- Work as part of a system that enables immediate response to brief information and support queries.

Community Engagement

- Promote the work of Shine through the provision of information talks, presentations and awareness events in the community.
- Build relationships with statutory and community partners.
- Collaborate with statutory and other voluntary/community sector partners on projects and initiatives focused on mental health and recovery.

Training/ Facilitation

- Facilitation and delivery of Shine groups
- Support and deliver Shine education courses.
- Provide support to facilitators of Shine groups and education courses.

Other duties

- Develop and participate in specific Shine projects.
- Maintain up to date records of all work
- Participate in the development, evaluation and implementation of services.
- Work cooperatively as a member of the Shine team.
- Participate in team meetings.
- Any other duties as required by Shine

Person specification

- Previous experience in community and/or recovery work using a person-centred approach.
- Excellent communication, time management and organisational skills.
- Proficient in ICT e.g. Microsoft office, Client record management systems
- Ability to maintain professional standards with regard to people who use our services.
- An empathetic and non-judgemental approach to working with people.
- Flexibility in approach to work.
- Knowledge and understanding of mental health and recovery services in Ireland.
- Ability to work within a team and follow direction as well as the ability to work alone and on your own initiative.

Qualifications and requirements

- A recognised third level qualification in a relevant health and social care discipline.
- Previous experience of facilitating groups
- Previous experience of delivering training/education programmes to groups.
- At least 2 year's post qualification experience working in a relevant field.
- Full clean driver's license and use of own car.
- Occasional weekend and evening work may be required.

Shine benefits include: Support and supervision provided by your line manager on a regular basis.

- Training and ongoing professional development.
- Flexible working hours.
- Access to Employee Assistance Programme.

- 24 days annual leave per annum plus one wellbeing day per annum.
- Access to Shine pension scheme with contribution from employer
- Bike to work scheme.
- Paid maternity and paternity leave.

APPLICATION PROCESS

Application is by official Shine Application form ONLY. CV's will not be accepted. Send your completed Application Form in Microsoft Word or PDF format to recruit@shine.ie.

Shine is an equal opportunities employer, committed to promoting and maintaining a diverse and inclusive work environment.

For informal enquiries please contact Regional Mental Health Team leader Tian Herbert at therbert@shine.ie or on 0868525147

Application Deadline: 12 noon on Monday 25th September 2023

Conditions of Appointment:

All offers of posts are subject to Garda Vetting approval and completion of HSE Land Children First E-learning programme prior to commencement of employment.