



**Shine**



Supporting people affected by mental ill health

### **Mental Health Recovery Support Worker (Kerry)**

<b>Job title:</b>	Mental Health Recovery Support Worker
<b>Reporting to:</b>	Regional Mental Health Team Leader
<b>Salary:</b>	€33,630 per annum
<b>Contract type:</b>	Full time, 35 hours per week, fixed term 1-year contract
<b>Location:</b>	This position would cover county Kerry with an office base in Tralee (The team member would be the sole person responsible for the Kerry region but will be part of a wider team that covers Cork, Kerry, Limerick, Clare and Tipperary North).

#### **Purpose of role:**

- To promote and deliver the aims and objectives of Shine in accordance with strategic and operational plans.
- To foster the Shine ethos and values.
- Implement and practice the Shine Recovery and Engagement Model to empower people to manage their mental health recovery effectively.
- The Mental Health Recovery Support Worker will work in the community with people who experience ongoing mental health difficulties and with people who are family/supporters.

#### **Duties and responsibilities:**

##### **Key working with people who experience ongoing mental health difficulties and with people who are family/supporters.**

- Assist people who use our services in developing and/or implementing a recovery plan that identifies areas of support and goal development, ensuring goals are attainable and time specific, and that the individual plays an integral role in the decision-making process.
- Build trusting and non-judgemental relationships with users of the service.
- Using a person-centred approach to key working
- Support people on their journey of recovery using a range of approaches, including family recovery support.
- Record progress and impact and outcomes of the service.
- Signpost, outreach and advocate in partnership with service users in their community.
- Assist people who use our services to develop social support networks in their community.
- Work as part of a system that enables immediate response to brief information and support queries.

## **Community Engagement**

- Promote the work of Shine through the provision of information talks, presentations and awareness events in the community.
- Build relationships with statutory and community partners.
- Collaborate with statutory and other voluntary/community sector partners on projects and initiatives focused on mental health and recovery.

## **Training/ Facilitation**

- Facilitation and delivery of Shine groups
- Support and deliver Shine education courses.
- Provide support to facilitators of Shine groups and education courses.

## **Other duties**

- Develop and participate in specific Shine projects.
- Maintain up to date records of all work
- Participate in the development, evaluation and implementation of services.
- Work cooperatively as a member of the Shine team.
- Participate in team meetings.
- Any other duties as required by Shine

## **Person specification**

- Previous experience in community and/or recovery work using a person-centred approach.
- Excellent communication, time management and organisational skills.
- Proficient in ICT e.g. Microsoft office, Client record management systems
- Ability to maintain professional standards with regard to people who use our services.
- An empathetic and non-judgemental approach to working with people.
- Flexibility in approach to work.
- Knowledge and understanding of mental health and recovery services in Ireland.
- Ability to work within a team and follow direction as well as the ability to work alone and on your own initiative.

## **Qualifications and requirements**

- A recognised third level qualification in a relevant health and social care discipline.
- Previous experience of facilitating groups
- Previous experience of delivering training/education programmes to groups.
- At least 2 year's post qualification experience working in a relevant field.
- Full clean driver's license and use of own car.
- Occasional weekend and evening work may be required.

**Shine benefits include:** Support and supervision provided by your line manager on a regular basis.

- Training and ongoing professional development.
- Flexible working hours.
- Access to Employee Assistance Programme.

- 24 days annual leave per annum plus one wellbeing day per annum.
- Access to Shine pension scheme with contribution from employer
- Bike to work scheme.
- Paid maternity and paternity leave.

## **APPLICATION PROCESS**

**Application is by official Shine Application form ONLY.** CV's will not be accepted. Send your completed Application Form in Microsoft Word or PDF format to [recruit@shine.ie](mailto:recruit@shine.ie).

Shine is an equal opportunities employer, committed to promoting and maintaining a diverse and inclusive work environment.

For informal enquiries please contact Regional Mental Health Team leader Tian Herbert at [therbert@shine.ie](mailto:therbert@shine.ie) or on 0868525147

**Application Deadline:** 12 noon on Monday 9<sup>th</sup> October 2023

### **Conditions of Appointment:**

All offers of posts are subject to Garda Vetting approval and completion of HSE Land Children First E-learning programme prior to commencement of employment.