



Wanted: People who have experienced psychological trauma

This research project is looking at how someone (a family member, friend, neighbour, concerned community member or a paid carer without specialist qualifications) can help a person who is experiencing extreme distress following a potentially traumatic event.

We are looking for consumers and professionals to participate in our surveys. Everyone's opinions count equally.

Participants will rate statements about how to help a person experiencing extreme distress following a potentially traumatic event according to whether they should be included in guidelines for the public.

Time commitments: You will be asked to do about 3 online surveys over a period of approximately 4-6 months. No travel or meetings required!

Expertise: To participate you must

- have experienced extreme distress following a potentially traumatic event
AND
- be a member of a consumers' group or an advocacy organisation (e.g. in Australia this might be blueVoices- Beyond Blue).

To participate you must **live or work** in one of the following countries:

- | | | |
|------------------|--------------|-------------------------------|
| *Australia | *Canada | *Denmark |
| *England | *Finland | *Ireland |
| *The Netherlands | *New Zealand | *Northern Ireland |
| *Scotland | *Sweden | *The United States of America |
| *Wales | | |

When? This will start in the next few months, to be advised.

If you are interested in participating please contact Kathryn Chalmers at Melbourne University at kchalmers1@unimelb.edu.au.